

CUMBERLAND REGIONAL HIGH SCHOOL STUDENT ACTIVITIES



- ❖ Click on the TEAMS link OR email the advisor to join!
- ❖ Check email regularly for morning announcements and important information

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Clubs and Activities

Activities

CCF – Colts Christian Fellowship Activity

Student led bible study. Membership is open to all students.

- Meets Tuesdays during SERA
- Adviser: Mr. Reichardt reichardt@crhsd.org
- [TEAM Link](#) to join

Chem Activity

An activity to provide opportunities for students to further develop skills and knowledge related to science. Membership is open to all students.

- Not running MP1, will resume MP2 during SERA
- Advisers: Mrs. Simons-Palmieri simons-palmieri@crhsd.org and Mrs. Saul saul@crhsd.org
- [TEAM Link to join.](#)

Elite P.E. Activity

Open to students who meet criteria and follow an application process to apply. An activity to provide opportunities for students to further develop skills and knowledge related to fitness. Elite P.E. promotes a healthy and physically active lifestyle.

- Not running MP1, will resume MP2 during SERA
- Advisers: Mrs. Moore moore@crhsd.org, Mrs. Csaszar csaszar@crhsd.org and Mr. Heaton heaton@crhsd.org
- During the time a student is in Physical Education they must express to their PE teacher that they are interested in Elite PE to get an application.

GSA – Gay Straight Alliance Activity

An activity that meets during SERA where we discuss promoting tolerance and acceptance of LGBTQ issues. Membership is open to all students.

- Meets Thursdays during SERA
- Advisers: Mrs. Campbell campbelle@crhsd.org and Mr. Lawrence Lawrence-Evans@crhsd.org
- Email advisers to join

Mud Activity

An opportunity for students to practice their skills in clay making. Membership is open to all students.

- Not running 1st Semester, will resume 2nd semester.
- Adviser: Ms. Barber barber@crhsd.org
- Email adviser to join

Rare Pearls Activity

Membership is open to teen girls. Rare Pearls is a group designed to instill values such as integrity and self-esteem. It offers teens a supportive environment that emphasizes the idea that each young lady is RARE and unique. Our focus: P.E.A.R.L.S. principles - Perseverance, Education, Appearance & Attitude, Respect & Responsibility, Leadership and Sisterhood.

- Not running MP1, will resume MP2 during SERA
- Adviser: Mrs. Reaves-Marshina reaves@crhsd.org
- [Team Link to join](#)

Team Theatre Activity

Team Theatre fosters a competitive and creative outlet for high school students while encouraging growth and development in the areas of theatre and speech. Team Theatre participates in competitions throughout the state of New Jersey. Students select their own material and rehearse with the coaches and fellow team members to prepare for the competitions.

- Meets Tuesdays during SERA
- Adviser: Mrs. Campbell campbelle@crhsd.org
- Email adviser to join.

Associations

FBLA – Future Business Leaders of America

Future Business Leaders of America, Phi Beta Lambda, Inc. (FBLA-PBL) is the largest career student organization in the world. Our mission is to bring business and education together in a positive working relationship through innovative leadership and career development programs. Membership is open to all students.

- Meets Fridays during SERA
- Advisers: Mrs. Fuller fuller@crhsd.org Mrs. Asher asher@crhsd.org and Ms. MacEwen, macewen@crhsd.org
- [TEAM Link to join](#)

FBLA Officers – Meets Thursdays during SERA

President - MingZi Zhang
 Vice President – Mingtong Zhang
 Secretary – Michael Daniel
 Reporter – Vacant

National FFA Organization (Agriculture)

FFA is a national educational organization preparing young people for leadership and careers in agriculture. Membership is only open to students enrolled in an Agriculture class, either semester.

- Meets Fridays during SERA
- Advisers: Mrs. Thorne thorne@crhsd.org, Mr. VandeZilver, vandezilver@crhsd.org, Ms. N. Smith, smithn@crhsd.org
- [TEAM Link to join](#)

FFA Officers – Meets Thursdays during SERA

President: Julia Moreno

Vice President: Laurel Brown

Secretary: Vacant

Treasurer: Luke Thompson

Reporter: Adalee Dilks

HOSA – Health Occupations Students of America

HOSA is a club to promote career opportunities in the healthcare industry. Students can choose from a variety of events to compete in such as Sports Medicine, CPR, EMT, Medical Assisting, Nurse Assisting, Medical Terminology, Pharmacology, Medical Spelling, Home Health Aide, and many other options. Competitions are either a mostly multiple-choice test or are hands-on skills depending on the competition chosen. All members compete at the South Jersey Regional competition. Members that place at Regionals can move on to the NJ State competition and possibly an international competition. All students are welcome to join HOSA.

- Meets Tuesdays during SERA
- Adviser: Mrs. Ninfa ninfa@crhsd.org
- [TEAMS](#)

TSA - Technical Student Association

A national organization of students engaged in science, technology, engineering, and mathematics (STEM). Open to students enrolled in our STEM Academy, membership includes the opportunity to learn through competitive events, leadership opportunities, state and national conferences, scholarships and much more related to STEM careers and fields

- Meets Fridays during SERA
- Advisers: Mrs. Weist weist@crhsd.org and Mr. Sayre sayre@crhsd.org
- Email advisers to join.

Clubs

AVA - Sound Tech/Audio Visual Club

A school organization responsible for technical assistance for events in the Performing Arts Center along with other areas of the school campus. Students acquire hands-on experience with audio, video, and lighting equipment and support several student activities and other school functions throughout the year. Membership is open to all students who sign up at the beginning of the school year.

- Meets Tuesday, Wednesday, and Thursday during SERA
- Activities after school and some weekends.
- Advisers: Mr. Sayre sayre@crhsd.org and Mr. Bostwick bostwick@crhsd.org
- Email advisers to join.

CAST – Colts Achieving Spirit Together

CAST focuses on increasing student involvement and school spirit throughout the district. Throughout the school year, students support other clubs, attend sporting events, and help promote student involvement in school activities/events. Membership is open to all students.

- Meets Monday during SERA
- Adviser: Mrs. Bagley bagley@crhsd.org
- [TEAM Link to join](#)

Interact and Leo Club

Interact—A service club affiliated with the Rotary Club. Students participate in a variety of community service events throughout the school year.

Leo—A youth organization of Lions Club International. The word LEO stands for Leadership, Experience, Opportunity. Leo clubs encourage youths to develop leadership qualities by participating in social service activities. Membership is open to all students.

- Meets Mondays and Thursdays during SERA
- Advisers: Mrs. Lloyd lloyd@crhsd.org and Mrs. Greynolds greynolds@crhsd.org
- Email advisers to join.

Political Science Club

Students will discuss current events happening in the United States and throughout the world, and use debate, performance, and oratory skills to prepare for Mock Trial, Model Congress, and Model UN competitions. Membership is open to all students.

- Meets Mondays during SERA
- Advisers: Mrs. Tompkins tompkins@crhsd.org and Mr. Hand hand@crhsd.org
- [TEAM link to join](#)

SADD - Students Against Destructive Decisions

SADD's main goal is to raise awareness of alcohol and drug abuse by creating fun activities for students to participate in throughout the school year.

- Meets Fridays during SERA
- Advisers: Mrs. Brogen brogen@crhsd.org and Mrs. Bagley bagleyk@crhsd.org
- [TEAM link to join](#)

Science Careers Club

Students will have the opportunity to learn and experience different careers in the science field through experiments, videos, guest speakers, and field trips. Membership is open to all students.

- Meets Fridays during SERA
- Adviser: Mrs. Simons-Palmieri simons-palmieri@crhsd.org
- [TEAM link to join](#)

Events/Trips

Dances

To attend a dance, GENSIS passive alcohol and dance agreement forms must be completed within the first week of school.

1. To bring an outside guest, hard copy forms must be completed and submitted by the deadline – forms are available in D House or email marguglio@crhsd.org.
 - a. Check email regularly for guest form information several weeks before the upcoming dance. Do NOT email requesting an extension to the deadline – deadlines are firm.

Homecoming October – Saturday after the Homecoming football game
Semi formal dance (dresses/dress clothes) hosted in CRHS main gym.
Open to all students.

Black Light Dance February
Dress is white or neon clothing (anything visible in black lights) hosted in CRHS main gym. Open to all students.

Prom May – on school calendar
Formal dance (gowns/tuxes) hosted at an outside venue (Centerton). Only seniors and juniors may purchase tickets, but their guest may be an underclassman.

Homecoming Events

Spirit week is the week leading up to the homecoming football game and dance in October.

- Participate in spirit dress days – a flyer will go out with the themes for each day
- Class officers decorate a wall to represent the class theme

- Class shirts are sold to wear at the PEP rally – contact your class advisor for shirt orders!
- PEP Rally held in the stadium outside to represent our fall sports teams
- Homecoming tailgate before the football game – advertised by CAST Activity
- Homecoming football game Friday night
- Homecoming Dance – Saturday

Mr. CRHS

Senior class adviser/officers and student council adviser/officers plan and host the event. Male students sign up to be contestants in the Mr. CRHS pageant. The pageant consists of biographies, casual wear, formal wear, talent show, skits, and questions for the contestants to answer. To be a part of Mr. CRHS contact the student council or senior class adviser. Must attend 3 practices and the night event in February. To attend the event, look for advertisements in the winter.

Orange vs. Brown Day

Students sign up in teams or individually to compete in field day events such as water games, crab ball, obstacle courses, bean bag toss, etc. Contact the CAST adviser for more information.

Senior Trip

Five days/Four nights in March to Walt Disney World. Fundraisers are completed each year to allow students opportunity to pay for their own way. Contact your class adviser for more information.

Foreign Language Clubs

French Club

French club promotes the study of French and culture and gives an opportunity to French students to improve their language skills. It is open to all students who are interested in the French-speaking world and French culture. Our members are engaged in activities such as games, sports, movies, French cuisine, field trips and French and American cultural celebrations.

- Meets Fridays during SERA
- Adviser: Mr. Cisse cisse@crhsd.org
- [TEAMS](#)

JCL – Junior Classical League (Latin Club)

An international organization for students of Classical languages (mainly Greek and Latin). Students participate in a variety of Latin themed activities, as well as the State Convention. Membership is open to all students. Membership in this club is required to be considered for the JCL Honor Society.

- Meets Fridays during SERA
- Adviser: Ms. Masters masters@crhsd.org
- [TEAM link to join](#)

Spanish Club

The mission of the CRHS Spanish Club is to help create understanding and promote enthusiasm for the various aspects of Spanish-speaking culture and language. Students do not need to be in a Spanish class or speak Spanish to join Spanish Club. Membership is open to any student who wishes to learn more about the Spanish language and Spanish-speaking culture.

- Meets Fridays during SERA
- Adviser: Ms. Rojas rojas@crhsd.org
- [TEAM link to join](#)

Honor Societies and Achievements

Achievement Letter

Beginning with a student's freshman year, a student may accumulate 165 points by participating in Student Activities as well as achieving academic status (honor roll). When a student reaches 165 points, the student is awarded a Cumberland Regional High School Achievement Letter.

- Advisers: Mrs. Brogen brogen@crhsd.org and Miss Lupchinsky lupchinsky@crhsd.org
- Eligible students will be contacted.

French Honor Society - Societas Gallico National Honora

Students who wish to become a member of the French Honor Society must maintain an A average in French 1, 2, and 3, maintain an overall cumulative B average in their other courses and not have been suspended in the academic year of application.

- Adviser: Mr. Cisse cisse@crhsd.org
- Students may email adviser to request an application for consideration into the Honor Society.

Latin Honor Society - Societas Latina National Honora

Students who wish to become a member of the Latin Honor Society must have completed Latin I and Latin II with at least a cumulative average of 90, attained an overall average of at least a 90 as of the end of the first semester of the year in which he/she is to be inducted and attained an A average in the Latin III or IV course in which he/she is presently enrolled. If Latin III is a second semester class, then the student must mathematically be able to achieve an A at the end of the second semester first marking period. The student must be an active member in good standing of the Junior Classical League for the present school year and the student's discipline record should be free of suspension.

- Adviser: Ms. Masters masters@crhsd.org
- Students may email adviser to request an application for consideration into the Honor Society.

Math Honor Society Chapter - Mu-Alpha-Theta

An organization in which students may be inducted whose purpose is the promotion of scholarship in, and enjoyment and understanding of, mathematics among high school and two-year college students. Students may request an application for consideration into the Honor Society.

- Meets Mondays during SERA
- Adviser: Miss Lupchinsky lupchinsky@crhsd.org
- Students may email adviser to request an application for consideration into the Honor Society

National Art Honor Society

A club that honors excellence in Art. National Art Honor Society is a national organization in which high school students are recognized for outstanding ability in art. The National Art Honor Society is dedicated toward bringing art education awareness to the school and community. Students must be in their junior or senior year, demonstrate art scholarship, service, and character, enrolled in a minimum of 3 art classes with an A average or a B average overall and enrolled in or have taken Studio Art, Commercial Art, or Clay Studio. Students may request an application for consideration into the Honor Society.

- Meets Fridays during SERA
- Adviser: Ms. Wiley wiley@crhsd.org
- Students may email adviser to request an application for consideration into the Honor Society

National Honor Society

To become a member of the National Honor Society, one must meet the eligibility requirements outlined in the National Honor Society By-Laws. A student must be a junior or senior who has earned a cumulative average of 95 or higher and demonstrated leadership abilities, good character and contributed actively to school and community. National Honor Society selects its members from academically eligible 11th and 12th grade students.

- Adviser: Mrs. Wilson wilson@crhsd.org
- Eligible students are notified in October of their 11th or 12th grade year and will be selected for induction based on their history of strong academics, service, leadership, and character

National Technical Honor Society

A school organization that recognizes the highest academic group of junior and senior technology/business education students. To become a member of the National Technical Honor Society, one must meet the eligibility requirements outlined in the NTHS by-laws including current junior or senior who has achieved outstanding technology and overall grade point averages, demonstrates technology proficiency in three or more technology/business education

courses, demonstrates good character and contributes actively to the school and community, and be recommended by a technology faculty member.

- Adviser: Mr. Sayre sayre@crhsd.org
- Students may email adviser to request an application for consideration into the Honor Society.

Science National Honor Society

The Science National Honor Society recognizes excellence in scientific and intellectual thought and serves to communicate with the scientific community and to aid the civic community with its comprehension of science. It encourages students to participate in community service and, in turn, encourages a dedication to the pursuit of scientific knowledge that benefits all mankind. A member must have and maintain a 3.0 grade point average across all classes and a 3.5 GPA across all sciences and must be enrolled in at least one honors level science class during tenth or eleventh grade consecutive year. Member must maintain appropriate behavior and be recommended by one science teacher.

- Adviser: Mrs. Saul saul@crhsd.org
- Eligible students are notified and will be selected for induction based on the above criteria.

Spanish Honor Society - Societas Hispanica National Honora

To become a member of the Spanish National Honor Society a student must be of at least sophomore status or be enrolled in Spanish 3, have a 3.0 overall G.P.A., have a 3.5 G.P.A in all three levels of Spanish after the first marking period for Spanish 3, demonstrate good citizenship as evidenced by extracurricular activities for leadership and/or service and demonstrate good character with no out of school suspensions for grades 9-12. A recommendation by at least two teachers must be handed in along with a completed application.

- Adviser: Mrs. Rojas rojas@crhsd.org
- Students may email adviser to request an application for consideration into the Honor Society.

Thespian Honor Society

A club that honors excellence in theatre arts. Students apply and are inducted after earning a certain number of points accrued over the years through taking drama classes and participation in theatre art events such as the play or musical.

- Meets Mondays during SERA
- Adviser: Mrs. Campbell campbelle@crhsd.org
- Students may email adviser to request an application for consideration into the Honor Society.

Tri-M Music Honor Society

A Tri-M Music Honor Society chapter offers students the chance to perform, places them in leadership positions and gives them the opportunity to serve the community. It highlights the school's music program, helps students grow in innumerable ways and brightens their college applications.

- Meets Fridays during SERA
- Adviser: Mrs. Harrison harrison@crhsd.org
- Students may email adviser to request an application for consideration into the Honor Society.

Magazine and Yearbook

Literary Magazine Omnium

CRHS's student run literary magazine. Published once a year, Omnium contains poems, stories, art, and photography by CRHS students. Omnium staff select the contents of the magazine and prepares the magazine layout for printing. Membership is open to all students.

- Meets Mondays during SERA
- Adviser: Ms. Swineford swineford@crhsd.org
- [TEAM link to join.](#)

Yearbook

Yearbook is a course that students may sign up to take through their school counselor during course selection time. In this 21st century, cross-curricular, project-based class, students work collaboratively by using technology such as digital cameras, photo editing software, and Adobe InDesign or online design software to digitally produce the CRHS yearbook.

- Meets during yearbook class and Monday through Thursday during SERA
- Advisers: Mrs. Reaves-Marshina, Literary reaves@crhsd.org and Mrs. Palys, Business Manager palys@crhsd.org
- Must be in Yearbook class.

Performing Arts

Breakthrough Choir

A club that is open to all students attending CRHS who are interested in singing Christian (primarily Gospel) music. Gospel music is an American religious music form based on folk melodies and blended with rhythmic and melodic elements for spirituals and jazz. Students do not have to be affiliated with any church to be in the choir.

- Meets Fridays during SERA
- Adviser: Mrs. Reaves-Marshina reaves@crhsd.org

- [TEAM link to join](#)

Choir - Mixed Chorus

Mixed Chorus is a course that students may sign up to take through their school counselor during course selection time. This choral group is for the beginning singer and music student. Correct tone production and development of basic singing skills are the principal goals. A variety of musical styles will be studied. After-school rehearsals will be scheduled as needed. Students are required to participate in the evening concert.

- Meets during Mixed Chorus class and Tuesdays during SERA
- Adviser: Mrs. Harrison harrison@crhsd.org

Drama Guild (Fall Play and Spring Musical)

Each year a fall drama production (directed by Mrs. Campbell) and a spring musical (directed by Mrs. Harrison) is performed by our many talented students, so students should expect audition information during those times. Students may also sign up to be a part of stage crew!

- Meet after school during rehearsal time frames
- Advisers: Mrs. Harrison, harrison@crhsd.org, Mrs. Campbell campbelle@crhsd.org and Mr. Carson, carson@crhsd.org
- Email advisers to join.

Indoor Ensemble (Winter and Spring)

The indoor ensemble is open to students who play woodwinds, brass, and percussion and to some students that play electronic instruments such as electric bass or synth.

- Meets after school during rehearsal time frames
- Advisers: Mr. Hamilton, Director hamilton@crhsd.org, Mr. Gonzalez, and Mr. Johnston
- Students may email adviser to sign up.

PEP Band

Pep Band is an activity that provides opportunities for students to develop on their chosen instruments in a fun atmosphere. Pep Band performs at all home football games as well as other community functions. Beginners are welcome! Membership is open to all students.

- Meets Mondays and Fridays during SERA
- Advisers: Mr. Hamilton, Director hamilton@crhsd.org Mr. Gonzalez, Assistant
- Students may email adviser to sign up.

Student Representatives

Board of Education Student Representatives

Attend monthly BOE meetings held the 3rd Thursday of each month.

- One Senior Representative and one Junior Representative are selected by the Superintendent.

- Superintendent: Dr. Hoopes hoopes@crhsd.org

Student Representatives

Senior Representative – Marissa Glaspey

Junior Representative – Laura Bowen

Class Officers

Officer positions include President, Vice President, Secretary, and Treasurer. Class officers have the responsibility of representing their respective class in decisions and activities. Students must meet the following criteria: 1) Maintain a high set of standards, must remain in good standing within the school community, must never have been suspended (in-school or external) and must never be suspended while in office; 2) Maintain a 2.5 grade point average each marking period while in office; 3) Present a signature of a teacher who will attest to the leadership qualities of the candidate. Students must apply and be voted in by their class during elections. Freshmen elections are held in September and then all grades hold elections in the spring for the following year, so students should expect application information during those times.

- Meets Tuesdays, Wednesdays, Thursdays during SERA
- Students wishing to get involved in class activities without being an officer should contact their advisor or Class President.

Seniors

Class of 2022

Adviser - Mrs Simons-Palmieri simons-palmieri@crhsd.org

President - Michael Horn 22hornm@crhsd.org

Vice President - Samantha Talorico

Secretary - Amanda Volk

Treasurer - Kael Jerpersen

Juniors

Class of 2023

Co-Adviser - Ms. Evans evansa@crhsd.org

Co-Adviser - Mrs. Palys palys@crhsd.org

President - Arianna Speranza 23speranzaa@crhsd.org

Vice President - Garron Hindermyer

Secretary - Lillian Cruz Garcia

Treasurer - Beatrice Seabrook

Sophomores

Class of 2024

Adviser - Miss Lupchinsky lupchinsky@crhsd.org

President – Shynasia Williams 24williamssh@crhsd.org

Vice President – Carla Hayes

Secretary – Cecilia Hauserman

Treasurer – Grace Albert

Freshmen

Class of 2025

Co-Adviser - Mrs. LaRosa larosa@crhsd.org

Co-Adviser - Mr. Severino severino@crhsd.org

President - Ava Gladney 25gladneya@crhsd.org

Vice President - Dominic Talorico

Secretary- Peter DelCollo
Treasurer- Chase Sheppard

Student Council

As a member of Student Council, the student government organization of CRHS, one has the responsibility of representing his/her respective class in decisions and activities involving the overall student body. Student Council acts as a liaison between the students and the administration. This is an elected position; therefore, students must meet the same criteria as a class officer: 1) Maintain a high set of standards, must remain in good standing within the school community, must never have been suspended (in-school or external) and must never be suspended while in office; 2) Maintain a 2.5 grade point average each marking period while in office; 3) Present a signature of a teacher who will attest to the leadership qualities of the candidate.

- Meets Wednesday and Friday
- Adviser: Mrs. Tompkins tompkins@crhsd.org

Student Council Executive Board - Meets Thursdays during SERA

President: Marissa Glaspey 22glaspeym@crhsd.org

Vice President: Renee Sheppard

Secretary: Samuel Thompson

Treasurer: Isabella Torres

Public Relations Officer: Laura Bowen

Historian: Tiana Jackson

Member at Large: Summeyye Bicer

Class Representatives

Seniors	Juniors	Sophomores	Freshmen
Milana Lucente Lexi Miletta	Caden Everingham Drew Nakai Kendal Kristensen	Brooke Smith Duray Rainer Madysen Brown	Isabella Hauserman Alessandra Lorito Kennedy Seeley

Tutoring and Mentors

Colt Tutoring

Do you need to bring your grades up, need extra help in learning a concept, or have make up work to complete?

- Tutoring is held on Mondays, Tuesdays, and Thursdays during SERA
- [Sign up](#) – to meet with a tutor

Do you think you can help others succeed in their classes by becoming a tutor?

- [Sign up](#) – to become a tutor

Senior Mentors

Senior Mentors is a course that students may sign up to take through their school counselor during course selection time but must also be a Junior and selected by a committee. This course links with the Freshman Seminar Course and is designed for senior students who display the highest levels of honesty, integrity, leadership, and academic excellence. Seniors chosen for this course will be assigned 4-5 freshman students and will be enrolled in Freshman Seminar with their assigned freshmen. Senior Mentors will assist the teacher by planning and facilitating classroom activities and will serve as positive role models to the freshman students.

- Meets during Freshmen Seminar class and Wednesdays during SERA
- Advisers: Mr. Johnson, johnson@crhsd.org, Mrs. MacEwen macewen@crhsd.org, Mrs. Vanlier, Teacher vanlier@crhsd.org

Colt Connection Groups

- Groups are open to all students. Permission slips will need to be signed by guardians to participate.
- Adviser: Mrs. Prater, prater@crhsd.org

Caring Connections

A group for those who are working through grief and loss of a loved one.

- Meets during SERA

Tik Talk

Discussions and activities focusing on topics teens are experiencing today

- Meets during SERA

Young Women's Group

Women coming together to empower and build each other up.

- Meets during SERA

Young Men's Group

Young men learning life lessons while staying active.

- Meets during SERA