

**All Lunches FREE For
School year 2021/ 2022**

**Cumberland Regional School District
Lunch Menu
November 2021**

Available Everyday: Peanut
Butter and Jelly Bento Box

DELI - **Monday-** Chicken Caesar Wrap/ Yogurt and Fruit Bento
Tuesday-Cranberry Turkey Wrap/Wedge Salad
Wednesday-Chicken Salad on a Bagel/Cobb Salad
Thursday-Ham and Cheese Wrap/Protein Box (Cheese Stick, Apple, Bagel)
Friday-Egg Salad on Kaiser/ Caesar salad

Monday	Tuesday	Wednesday	Thursday	Friday
1 Hot Ham and Cheese on a Pretzel Bun	2  Half Day	3 Sloppy Joes	4 No School	5 No School
8 Chicken Bacon Ranch Wrap	9 Beef Burrito Corn	10 Mozzarella Sticks Tater Tots	11  No school	12 Chicken Patty With Cheese
15 Meatball Sub	16 Chicken Fajita With Peppers and onions	17 Pulled Pork With Mac & Cheese	18 Loaded Potato with Bacon & Sour Cream	19 Baked Chicken Mashed Potatoes
22 Bacon Cheeseburger Baked Beans	23 Turkey Dinner	24  Half Day	25 Thanksgiving Day No school	26  No school
29 Fiesta Taco Pocket	30 Build Your Own Nachos		Fresh Fruit Daily Assorted Juices Chocolate or White milk	<u>Menu Subject to change</u>

Alternative Meal:
Served with a Vegetable & Fruit daily

Monday- Chicken Patty or French Bread Pizza
Tuesday- Hot Dog or French Bread Pizza
Wednesday- Chicken Nuggets or French Bread Pizza
Thursday- Cheeseburger or French Bread Pizza
Friday- Spicy Chicken Patty or French Bread