



Cumberland Regional School District
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Dr. Scott Hoopes
Interim Superintendent/
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Sept. 17, 2021

Dear CRHS Parents/Guardians:

The Cumberland Regional School District, in consultation with administrators from the constituent sending districts, has updated our higher quarantine Covid-19 guidelines to be in alignment with CDC guidance, effective immediately:

- Vaccinated students who come into close contact with anyone who tests positive for Covid-19 do not have to quarantine based on contact alone. It is recommended by the CDC that they be tested in 3-5 days. These results may be submitted to the school nurse to support accuracy of data on file, but this is not required at this time.
- Unvaccinated students who come into close contact with a student who tests positive for Covid-19 will need to quarantine for 14 calendar days beginning on the day after last contact. A close contact definition **excludes** students within 3-6 feet of an infected student (laboratory-confirmed or a clinically compatible illness) **if** both the infected student and the exposed student correctly and consistently wore well-fitting masks the entire time. The distance will vary per classroom and will be verified by the district before a decision is made for each contact.
- Unvaccinated or vaccinated students who are experiencing symptoms of Covid-19 must quarantine for 10 calendar days beginning the day after the symptoms have started. Students also must be fever-free for 24 hours without the aid of any medications and be symptom-free to return to school.
- Students who test positive for Covid-19 must quarantine for 10 calendar days from the date of the positive test, regardless of vaccination status.

Unvaccinated students previously on quarantine who now are eligible to return on Monday based on the updated guidelines have been contacted by the nurses. Vaccinated students without symptoms who previously were asked to quarantine based on original guidelines will not receive direct notification but may return to school at this time. CRHS strongly encourages students eligible for vaccination get vaccinated so they may continue to come to school despite exposure if symptom-free.

These procedures will be posted to the CRHS website, www.crhsd.org, for quick reference. If the CDC or County Health Department change any rules or guidelines, we will update you promptly.

Thank you for your cooperation and patience as we work through this together.

Sincerely,

Dr. Scott Hoopes
Interim Superintendent